

The Quebec  
Provincial Association  
of Retired School  
Educators



Association provinciale  
du personnel  
d'enseignement  
retraite du Quebec



**PAPRT-QPARSE**

**1961 - 2011**

**50TH ANNIVERSARY YEAR**



# Index

President's Message	4
Officers & Directors 2010-2011 (inside back cover)	22
<b>Robinson Residence News</b>	
■ The Robinson Residence - The last farewell	5 & 6
<b>Events</b>	
QPARSE Program calendar	2
Reunion Notice (April 15 <sup>th</sup> )	19
Christmas Holiday Concert	3
<b>Application Forms &amp; Notices</b>	
Contact QPARSE/Legal Advice/Submission deadline	18
New Members Application form	13
Members with special expertise	19
New Members Reception	14
<b>Articles and Reports</b>	
Update on Acer-Cart: Celebrates 20 years of success	8-9
What do teachers make - A difference.	15
Teachers - a profound answer	15
<b>Membership</b>	
■ Notes from the Goodwill Committee	10
■ New Members	11
■ Super Seniors	10
■ Strays	12
■ Condolences	12
<b>Au coin du françaises</b>	
Excepte livraison local	16
L'importance de l'espérance	17
<b>Chuckles and humour</b>	
Some groaners	20

# QPARSE EVENTS CALENDAR

2011

DATE	TIME	EVENT & PLACE
December 8 <sup>th</sup> Thursday	10.30am	<u>EMSB/Patterson Room</u> <b>Holiday Celebration</b> Dix Mille Village Table (arts & Crafts & gift items), Food Bank Donation
	12.30	Lunch at Carmines' Tuscany Grill Restaurant
<b>2012</b>		
February 7 <sup>th</sup> Tuesday	11.00 am	<u>Carmines' Tuscany Grill Restaurant</u> Paul Barnes/QPAT & Michael Stirrup/ Executive Ass. AAESQ Insurance information/who owns your policy? How are premiums determined?
	12.30	Lunch follows.
March 23 <sup>rd</sup> Friday	10.30 am	<u>EMSB/Patterson Room</u> / <b>WORKSHOP</b> If you have any concerns about: estate planning, wills and mandates, long term care insurance or charitable giving, please join us for a presentation by the professions from INVESTORS GROUP. There will be time for questions and answers. There will also be a <b>LIGHT LUNCH</b> provided after the presentation
April 19 <sup>th</sup> Thursday	11.30 am	<u>Carmines Tuscany Grill Restaurant</u> Author: Sheila McLeod Arnopoulos/Investigative Journalist: Attacking poverty through micro credit - Challenges in India
	12.30	Lunch follows
May 8 <sup>th</sup> Friday	10.00 am	<u>EMSB/Patterson Room</u> A.G.M.
	12.30	Lunch: Carmines Tuscany Grill Restaurant

**Carmines' Tuscany Grill Restaurant is at: 5525 Cote St Luc Road H3X2C6 (514-484-7525) Guest Welcome. Please inform Events Co-ordinator Ken Cooke (514-485-9118) if you are attending the luncheons. Program Info, contact Erene Anthony (514-626-8002**

**[www.qparse-apperq.org](http://www.qparse-apperq.org)**

**RETIREES HOLIDAY CONCERT**  
**Thursday December 8<sup>th</sup> 2011**  
**EMSB Patterson Room**  
**1030am**

Come and join us as we celebrate the Holidays with members of the Montreal West Operative Society. They will dazzle you with their beautiful costumes and musical comedy. This non-profit based company has been serenading Montrealers since 1937.

Do some interesting Christmas shopping with us from selections of creative items from artisans around the world. Support our local Dix Milles Villages, one of 50 stores across Canada as this international organisation continues to partner with thousands of talented artisans. Through "Fair Trade" artisans receive respect and fair value for their work so that they can have sustainable living. Their philosophy is based on the principle that Fair Trade should have a conscience.

We would appreciate your non-perishable donation as we continue to support the NDG Food Bank.

Then at 12.30, let's wine and dine as we have lunch at Carmine's Tuscany Grill Restaurant,  
5525 Cote St Luc Rd, (514-484-7525)

**Please bring a friend.**



## **PRESIDENT'S MESSAGE FALL-WINTER 2011**

It seems that Autumn came upon us so quickly after a not so bad summer and now Winter is just about to settle in. The weather we experienced over the Thanksgiving long week-end hopefully helped to give warmth and many blessings to family and friends. In October we welcomed the "new" members to QPARSE at a Luncheon which was held at the EMSB. Current and new retirees had a good time reminiscing as they met with colleagues who possibly they had not seen in a while or established a contact with someone new.

Thursday, December 8<sup>th</sup> 2011 our Holiday Celebration will take place at the EMSB in the Patterson Room at 11:00a.m. At that time there will be entertainment as well as products presented by the Dix Miles Villages which can be purchased, promoting "fair trade." Donations of non perishable goods and money will also be accepted by the NDG Food Bank. I hope you will join us on that day. As the days get colder and the snow flies we will be celebrating a holiday according to our beliefs. On behalf of myself and the Board of Directors I would like to take this opportunity to wish the members of QPARSE and their families a very Happy Chanukah or a very Merry Christmas. I hope you enjoy this special time with your family and friends.

I would also like to take this opportunity to extend to all, a very healthy and prosperous New Year.

Sandra K. Aird  
President

### **The Robinson Residence closing.**

On September 21st 2011 the final chapter was written with the signing of the papers to transfer the ownership of the Robinson Residence. At the Notaries office of Me Louis Meunier in Cowansville, I sat with the PRTH&B vice-president and the treasurer as the end came to the forty-four years of involvement of teachers in this home, represented by the 2 Boards of QPARSE and PRTH&B.

Before the signing we visited the residence for one last time. It was difficult to walk into an empty building, void of residents, staff and the beautiful furniture that made up the this very special place.

I would like to thank the teachers who were caring enough to conceive of and follow through, with the establishing of the Residence. To all those who have passed through the doors over the years, the memories will always remain in your hearts and minds. Thank you.

Sandra K. Aird  
President  
QPARSE/PRTH&B

The Bus arriving from Montreal



Vice-President Gary Crandall addresses the guests

Preparing the buffet table



The magnificent Matron, Margaret Beattie



# Farewell to the "Robinson Residence"

## The last Garden Party.

Submitted by Evelyn Beban Lewis

"Welcome everyone to this bitter sweet occasion" - "As all good things must come to an end, so it is with the Robinson Residence for Seniors." These were some of the remarks made by Vice President Gary Crandall as he welcomed guests to the last Garden Party.

This Residence , which has been in operation since 1967 will be closing its doors, once all the present residents have been placed comfortably in other facilities. Opened originally as a home for retired teachers, it has evolved over the years so that in recent years it has been open for the use of the general public. Throughout its operation, it has been administered by the Montreal Board of (originally) PAPRT now know as QPARSE.

One only had to open its front door to feel completely at home. This beautiful residence, once owned by the Robinson family, gave off such a sense of serenity that one knew immediately the love & care that would be devoted to its residents. Anyone could drop in for tea at 3.00 pm any day & the T.N.T were welcomed for their monthly meetings bringing the outside world into this "little spot of heaven."

Church services were offered by local ministers; Sinpoh Han, Allan Gault & his wife at the piano, David Warner, Brent Robillard & lastly Isaac Munday. We would like to thank them for their dedication.

The Board, composed of retired teachers, cannot give enough thanks to Margaret Beattie & her staff for the love & care given to each individual who has resided at the home. Margaret is taking her retirement at this time after working at the residence for over 30 years. We wish her well.

The Final Garden Party held from 2.00 - 4.00pm June 16<sup>th</sup> was a celebration of a job well done. The weather was perfect, the bus from Montreal was full & whether sitting under the tent or wandering the grounds a good time was had by all. Delicious refreshments were provided by the ladies of All Saints Church, Dunham.

Before closing flower arrangements that had adorned the tables were raffled off. The winners were: Ann MacLeish (Ormstown), Adelaide Lanktree (Farnham) & Heather Lightfoot, Jean Pickup, Muriel Jeffers (all from Montreal).

Saying goodbye when leaving was not as joyful as in the past, when one could say "until next year" but although we will not know this home as in the past, we will carry it in our hearts for many years to come.

Editors note: At the time of publication, all residents have been relocated & the property has been sold, More news of this will follow in the May edition of the Newsletter.

## Finally - Some Good News For a Change - Ed Zegray

Twenty-nine years after being first subjected to the effects of de-indexation, four years after joining forces with the *Groupe de Travail de associations de retraites (GTAR)* to try to put a stop to the detrimental and escalating losses in our purchasing power, after participating in public demonstrations in Montreal and Quebec, fifteen months after hearings held on this issue by the Parliamentary Commission published its interim report, CARRA's Board of Directors finally struck the Consultative Committee to examine the issues relation to indexation of the pension plans.

You will recall that in its interim report, the Parliamentary Commission on Public Finances, on which sit members from all parties in the National Assembly, recognized the need to diminish, if not to eliminate, the loss in purchasing power of retirees who have been subjected to de-indexation of their pensions for the years 1982-1999. The Commission recommended the creation of a Consultative Committee with CARRA, to examine services to retirees and the parameters of indexation.

Nominations have been completed and the committee is composed of a Chair, 8 retirees and 8 union reps. Representatives from the Treasury Board as well as from the pension administrator, CARRA, will also participate in the discussions of the committee. Of the 8 retirees, 4 have been nominated by GTAR and are: Louise Charlebois (AREQ), André Goulet (AAR), Gisèle Goulet (RIIRS), and Madeleine Michaud (AQRP). The other four retirees are: Arlette Bouchard (RRAME); Rodrigue Dube (ADR); Rosaire Quevillon (ADR-RRAME) and Jean Turgeon (AQDER). The Chair is François Turenne, recently retired Deputy-Minister

The Consultative Committee's mandate is to discuss and propose solutions concerning indexation of the pension plans. While no timeline has been determined at this moment, it begins its deliberations on September 8<sup>th</sup> 2011. Please note that this is the first time that retirees have been invited on a parity basis as official partners in discussions to determine the future of their pension plans. Finally, the first step in the right direction, that of setting into motion, long-term solutions to this recurrent problem.



# THE CANADIAN ASSOCIATION OF RETIRED TEACHERS CELEBRATES TWENTY YEARS OF SUCCESS (1991-2011)

Norbert Boudreau, Executive Director

Imagine the vision of the founding directors of ACER-CART in June 1991. They wanted to establish a national association that could lobby at the federal level on behalf of retired teachers and retirees in general. At its inaugural meeting twenty years ago, representatives from nine associations in seven provinces as well as representatives of the Canadian Teachers Federation began to share their expertise.

In 2011, ACER-CART represents thirteen associations. It regularly lobbies the federal government on behalf of over 117,000 members from every provinces and the Yukon Territory. With the collaboration of provincial and territorial organizations, this Canada-wide association deals with pensions, health care and other issues. Member association Directors are able to discuss issues with colleagues from different parts of the country, colleagues who often experience the same or similar problems. Because of the wealth of experience of the Directors, everybody learns from one another and as a cohesive group ACER-CART has been able to influence federal politicians.

At the 2011 AGM banquet, then President Vaughn Wadelius took the opportunity to honour all the past presidents with a short biography of each and a portrait slide show. It was an opportunity to show our gratitude for the efforts of the association founders and its past leaders, and to reflect on past achievements. At the end of the evening, past presidents and executive directors still with us, Johnson Inc, the Canadian Teachers' Federation as well as departing Directors received recognition certificates.

For more information, see the history page of the ACER-CART website at: <http://www.acer-cart.org/>  
July 8, 2011

# L'ASSOCIATION CANADIENNE DES ENSEIGNANTES ET ENSEIGNANTS RETRAITÉS CÉLÈBRE VINGT ANS DE SUCCÈS (1991-2011)

Norbert Boudreau, Directeur général

Imaginez la vision des directeurs fondateurs de l'ACER-CART en juin 1991. Ils voulaient établir une association nationale qui pourrait faire du lobbying en matière fédérale pour les enseignantes et enseignants retraités et des retraités en général. À cette première rencontre, il y a déjà vingt ans, les représentants de neuf associations dans sept provinces ainsi que des représentants de la Fédération canadienne des enseignantes et enseignants ont commencé à partager leurs expertises.

En 2011, l'ACER-CART représente treize associations. Elle fait régulièrement du lobbying auprès du gouvernement fédéral représentant plus de 117,000 membres de toutes les provinces et du Yukon. Avec la collaboration des associations provinciales et territoriale, cette association pancanadienne s'occupe des pensions, des soins de santé et bien d'autres sujets. Les directeurs des associations membres peuvent discuter avec des collègues de partout au pays qui font face aux mêmes problèmes et enjeux. À cause de la richesse d'expérience des directeurs, tous en profitent, car ce groupe cohérent qu'est l'ACER-CART peut influencer les politiciens fédéraux.

Au banquet de l'AGA 2011, le Président Vaughn Wadelius en a profité pour honorer les anciens présidents avec une courte biographie de chacun accompagnée de photos. C'était l'occasion de démontrer notre gratitude envers les fondateurs de l'association, ses anciens présidents et de penser à leurs contributions. À la fin de la soirée, les anciens présidents et directeurs généraux toujours avec nous, Johnson Inc., et la Fédération canadienne des enseignantes et enseignants ainsi que les directeurs qui nous quittent cette année ont reçu des certificats de reconnaissance.

Pour plus d'information, visiter la page histoire du site web de l'ACER-CART au:

<http://www.acer-cart.org/>

Le 8 juillet 2011

## NOTES FROM THE GOODWILL COMMITTEE

Thank you to the following members who've been retired 25 years or more for their kind words regarding the Holiday and Spring booklets: Dawn Bennet, Gloria Bellam, Lillian Parkinson, and Ellen Stevenson.

The directors greatly appreciate the donations towards postage made by Gloria Bellam and Lillian Parkinson.

We also heard from Dorothy Cross and Graeme Higgs. The latter called to inform us that Gwen Markwell turned 99 on September first. Although Gwen is not a member, we send her best wishes from her friends and colleagues here.

Stella Lendon Johnson has reached Super Senior status. Stella was president of the Federation of Women Teachers when wage parity was achieved.

We also have learned that May Joyce Jones passed away on June 11, 2010. She and her husband Stanley were living in Andorra. Stanley is now in Ottawa, and celebrated his 95th birthday in July.

### SUPER SENIORS

Our very best wishes go out to the following members whose birthdays fall from January to the end of May 2012:

January 1 - Alice Miller - 99  
January 2 - H el ene Cooper - 91  
January 4 - Dorothy MacLean - 95  
January 4 - Frank Owen - 92  
January 6 - Eileen Higginson - 101  
February 3 - Evelyn Crozier - 96  
February 3 - June Rosevear - 96  
February 6 - Mabel Probert - 102  
February 16 - Geraldine Taylor - 96  
February 25 - Olive Lancaster - 94  
March 31 - Marjorie Topham - 95  
April 1 - E. Amelda Bennett - 97  
April 1 - Joan Skinner Hanna - 98  
April 1 - W. Gordon Bowes - 94  
April 12 - Stella Lendon Johannsen - 92  
April 21 - Thelma Leney - 91  
May 9 - Richard Jones - 91  
May 31 - Ella Hoy - 105



## MEMBERSHIP NEWS

We wish to acknowledge the following new members who have joined us since the AGM.

<b>Family Name</b>	<b>First Name</b>	<b>Town</b>
Bogden,	Suzan	Montreal, QC
Boluk	Jean	Sherbrooke, QC
Branco	Nancy	Pointe Claire, QC
Davies	Lyn	Dorval, QC
Haughton	Barbara	Bristol, QC
Hawkins	Marilyn	Dorval, QC
Hazel	Milley	St. Lambert, QC
Kenyon McGarr	Anne	Montreal, QC
O'Ree	Charles	Pointe-Claire, QC
Otoni	Tina	Montreal, QC
Piacek	Angela	St, Laurent, QC
Saverio	Mirarchi	Montreal Nth., QC
Silva-Darwood	Adoree	Verdun, QC
Slawski-Cusson	Marilyn	Montreal, QC
Snow	Sheila	Montreal QC
Treiger	Anne	Montreal, QC



## LOST AND STRAYED

The following member's newsletters have been returned to us. In order to help us keep our membership files up to date, if you have any information on the names below, please send it to:

**Ellen Holzman**

6067 MacDonald Avenue, Montreal, QC, H3X 2W9

(e-mail: [mcellen@yahoo.com](mailto:mcellen@yahoo.com))

(Please write QPARSE in the subject line)

<b>FAMILY NAME</b>	<b>FIRST NAME</b>	<b>TOWN</b>
Kerr	Doris	Brantford, ON
Mackay	Margaret	Cote St Luc, QC
Miller	Alice	Cote St Luc, QC
Sherman	Ruth	Cote St Luc, QC
Start	Edward	Beaconsfield, QC
Taylor	Joyce	Breadalbane, PEI
Wilkinson	Myrtle E.	Waterloo, ON

## CONDOLENCES:

The following members have passed away since the last Newsletter, and we send our condolences to the families:

<b>FAMILY NAME</b>	<b>FIRST NAME</b>	<b>TOWN</b>
Bailey	Rhoda	Cote St Luc, QC
Baker	Mary	St. Lambert, QC
Burley	Norma	Dorval, QC
Cochrane	George	Montreal, QC
Gray	Elva	LaSalle, QC
Horn	Walter	Sutton, QC
Hoskin	Muriel	Farnham, QC
Jesse	Isabel	TMR, QC
Jones	May	Andorra
Laurie	Lillian	Granby QC
Lovelock	Margaret	Lachine, QC
MacGlashan	Phyllis	Pointe Claire, QC
Murray	Alexander	St. Armand, QC
Neil	Olive	Ottawa, ON
Pretlove	Audrey	Toronto, ON
Tate	Betty	Montreal, QC

# New Members Application Form

**QPARSE FEES:**

**Life Membership \$85.00**

Please complete the form below and return it, with your cheque for \$85.00 made payable to QPARSE, to:

Ellen Holzman  
6067 Macdonald Avenue  
Montreal,  
QC, H3X 2W9  
e-mail: mcellen@yahoo.com



-----  
Date of Application \_\_\_\_\_(dd/mm/yy)

(Please Print)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Apt/Hse #/Street

\_\_\_\_\_

City

Province

Postal Code

Tel. No: \_\_\_\_\_ Date of Birth \_\_\_\_\_(dd/mm/yy)

(Area code plus number)

e-mail address: \_\_\_\_\_

Is there anyone residing at the same address who is already a QPARSE member? If so, please specify first and last names.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_



## NEW MEMBER'S RECEPTION



The new members who were in attendance

Left to right: Jean le Guillou .. our wonderful translator, Graeme Sutherland, a long-time Trustee, Robert Stocker, the Director General of the EMSB who dropped in for a visit



## WHAT DO TEACHERS MAKE? A DIFFERENCE!

This was amply reinforced this fall as the MAB-Mackay Rehabilitation Centre unveiled its new low vision clinic funded by two ex-students and named for their self-effacing, tireless advocate of a high school teacher, known to friends as Betty Tate.

Peter and Paul Ash, both visually impaired, vividly recalled their school experiences. Paul spoke of Miss Tate helping him to make sense of what had previously appeared an "intimidating mish-mash of numbers and symbols." She spent countless hours writing out his material with a black felt pen since no enlarging or other technology was available to make things visible for him. She spent further hours replacing the learning he had missed so he remembers feeling "very empowered." Years later when younger brother Peter struggled against low expectations and a diagnosis of "stupid" and "lazy", the family turned to Betty Tate again and Peter's life as a student was utterly changed.

Already well into middle age a few years ago, the brothers told of wondering what outside their family's support had enabled them to succeed despite the early dismal predictions. It wasn't long before they agreed that Miss Tate's high expectations, unending support and powerful advocacy had inspired them to believe in their own abilities and allowed them to move forward to a high level of personal, academic and professional success. Still amazed by the amount of time and effort she spent on them and other students, they decided to pay her back by funding the new C. Elizabeth Tate Low Vision Clinic which they hope will help as many people as she did.

Unfortunately Betty died shortly before the unveiling, but she was alive for the dedication ceremony held when plans for the clinic were finalized. Ex-students, teachers she had trained, family and friends gathered to give testimony to the myriad ways she had shaped their worlds. Betty's friends and those still too respectful to call her anything but Miss Tate won't be surprised to learn she was overwhelmed and astonished by the depth of feeling. We'll miss her and are glad the clinic will remain to help carry on her work.

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We were saddened by the passing of Phyllis MacGlashen. Phyllis was a career educator with the PSBGM and after retirement a long time member and friend of QPARSE. For many years she worked with our treasurers to ensure that our financial statements were in order. In her early days, Phyllis was a national level basket ball player and in her retirement was, an avid reader, played bridge and was an excellent cook. She will be greatly missed.

## COIN DE FRANÇAIS

By : Bryan Ostrovsky

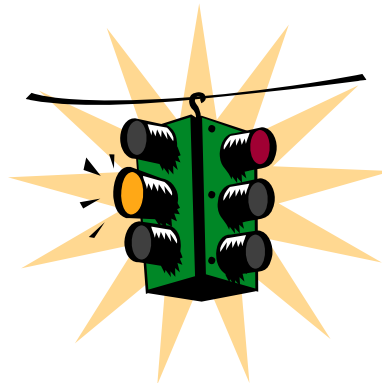
### Exemple : Excepté livraison local

You've seen this phrase many times on traffic signs but have you ever wondered why "excepté" in this instance does not agree with "livraison" which is a feminine noun, while "locale" does, hence the "e" added at the end of "locale" but not "excepté".

The grammatical rule here is that there is no agreement when as a preposition "excepté" appears before a noun like in the above illustration. Therefore, it remains unchanged in that phrase.

Generally speaking the term "traffic light" does not allude to anything having to do with fire. Yet the French term "feu de circulation" (meaning traffic lights) contains the word "feu" which translates as "fire" in English. In fact, it was around the year 1188 that "feu" came to mean origin of light in French. (<http://www.cnrti.fr/definition/feu>)

Interestingly enough, "I'm getting off at the next lights" translates as "Je débarquerai au prochain "feu" and not "lumière" ([http://66.46.185.79/bdl/gabarit\\_bdl/asp?t1=1&d=2529](http://66.46.185.79/bdl/gabarit_bdl/asp?t1=1&d=2529)) which also means "light" but refers to the kind that brightens a room for instance.



## **L'importance de l'espérance (titre)**

Prendre conscience  
Que quelle que soit l'allégerce  
Un brin d'espérance  
Procure une longueur d'avance.

La force de l'espérance  
Tire du marasme  
De la désolation.

Elle pilote  
Par un vent de délivrance  
Vers le réconfort  
Qui fait éclore  
De l'assurance.

Et elle s'agence  
Avec l'émergence  
De la confiance.

Par ces attributs  
Ravitailleurs  
Elle requinque

Et aussi assainit  
Un esprit  
Enflé de soucis.

Brian Ostrovsky (auteur)

## ***Contact QPARSE***

If you would like to submit an article, story, poem, anecdote etc or make a correction to the newsletter, Please contact:

Dick Meades, Editor, 26 Broadview Avenue, Pointe Claire, Québec H9R 3Z2  
514-695-2164 or by e-Mail: [dickmeades@gmail.com](mailto:dickmeades@gmail.com)

You are also invited to contact our website at:  
[www.qparse-apperq.org/e/feedback.shtml](http://www.qparse-apperq.org/e/feedback.shtml)

When e-mailing Dick Meades with an article, or Ellen Holzman with membership information, please start your info in the "Subject Space" with QPARSE. This should avoid messages sometimes being shuffled off into the "Junk" folder. Many Thanks

This Newsletter will now be published twice a year, in November and in June.

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### **LEGAL ADVICE**

Please be reminded that QPARSE retains the services of a notary who is willing to answer general questions dealing with real estate or Taxes. Should he act for you, there will be a charge.

Andrea F. Durso, Notary      Tel: 514-931-2531  
4635 Sherbrooke St. West      Fax: 514-931-2534  
Westmount,  
QC H3Z 1G2

## MEMBERS WITH SPECIAL EXPERTISE

We are continuing to include in the Newsletter a list of names and phone numbers of members who have skills and interests that they are prepared to share with others. Any fees to be charged for these services are to be set with the agreement of the parties involved.

If you are interested in adding your name to this list, please contact us by:

e-mail - [info@qparse-apperq.org](mailto:info@qparse-apperq.org) or by phone

Sandra Aird - President, 514-738-6169, Richard Meades - Editor 514-695-2164

Name	Contact point	Service
Bill Bernhaut	450-246-3796 <a href="mailto:rbernhaut@bellnet.ca">rbernhaut@bellnet.ca</a>	Antique furniture refinishing
Sonia Browman	514-748-5788 (home) 514-747-0568 (machine)	Sign language, speech therapy, lip reading
Robin Narsted	<a href="mailto:mnarsted@yahoo.ca">mnarsted@yahoo.ca</a>	Computer questions.
Brian Ostrovsky	<a href="mailto:Brian.ostrovsky@live.concordia.ca">Brian.ostrovsky@live.concordia.ca</a>	French English and translating

**"The" Annual Reunion**  
For all employees of School Boards  
Friday April 20<sup>th</sup> 2012  
3.30 pm until the last person leaves!!  
P.J.'s Pub - Rue St Jacques (Next to Super C)



## GROANERS !

- The roundest Knight at King Arthur's table was 'Sir Cumference'. He acquired his size from too much "pi" !
- I thought I saw an eye Dr. on an Aleutian island, but it turned out to be an optical Aleutian !
- She was only a Whisky Maker, but he loved her still !
- An elastic band pistol was confiscated during algebra class because it was a weapon of math disruption !
- The butcher backed into the meat grinder & got a little behind in his work !
- No matter how you push the envelope, it will still be stationery !
- A dog gave birth to puppies at the side of the road & was cited for littering !
- A grenade thrown into a kitchen in France would result in 'linoleum blown apart' !
- Two silkworms had a race, they ended up in a tie !
- Time flies like an arrow. Fruit flies like a banana !
- A hole was just found in the nudist colony wall. The Police are looking into it !
- Atheism is a non-prophet organization !

"Oh yes they were truly terrible weren't they ?"



## CHUCKLES

An overweight blonde gentleman comes into the Doctor's office wanting to lose weight:

'I want you to eat regularly for 2 days, then skip a day, then eat regularly again for 2 days then skip a day.

Repeat this procedure for 2 weeks. The next time I see you, you should have lost at least 5 pounds.'

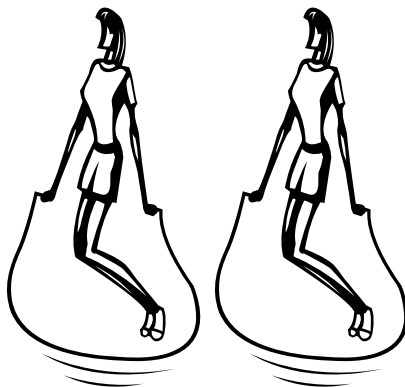
When he returned, he shocked the doctor by having lost nearly 60lbs!

'Why, that's amazing!' the doctor said, 'Did you follow my instructions?'

The man nodded. 'I'll tell you though, I thought I was going to drop dead on the 3rd day.'

'From the hunger, you mean?' asked the doctor.

"No", replied the man, "from the "SKIPPING!"



## QPARSE BOARD OF DIRECTORS 2011-12

<b>Officers</b>	<b>Name</b>	<b>Phone Number</b>
President	Sandra Aird	514-738-6169
Immed. Past President	Pat Steele	514-369-3473
First Vice President - Special Events	Ken Cooke	514-485-9118
Treasurer	Don Berry	514-487-3140
Membership Secretary	Ellen Holzman	514-739-3022
Recording Secretary	Dana Star	514-481-3708
Correspondence - Goodwill	Allana Dow	514-844-8715

### **DIRECTORS**

Director - Newsletter	Richard Meades	514-695-2164
Director - Website	Tom Murray	514-631-8369
Director - ACER-CART	Renate Sutherland	514-695-1970
Director - Programme	Erene Anthony	514-626-8002
Director	Ann MacLeish	1-450-829-3172
Director	Kathleen Malcius	514-683-4429
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Educators



Association provinciale  
du personnel  
d'enseignement  
retraite du Quebec



Spring will come again, and the Snowy Owl will take up his post once more

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