

The Quebec
Provincial Association
of Retired School
Educators



Association provinciale
du personnel
d'enseignement
retraite du Québec



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President's Corner

Since there are a couple of other reports from me in this issue, my President's message will be extremely short! This is my last message as President. I have been on the Board of Directors since 1998, first as Vice-President then as President. And of course I'm not leaving since I will continue as Past President.

I've very much enjoyed working with the great people on the Board, and meeting all of you, our members, at our various get-togethers. I would particularly like to mention Ann McLeish whose sage advice and unfailing sense of humour have been a tower of strength to me and other members of the Board. We will miss you, Ann. Our present Board of Directors has on the whole not been around for as long as I! They constitute a terrific new team and will continue to innovate and improve our services to our members. I wish Sandra Aird every success as President and look forward to being one of the team under her leadership.

The leaves are green, the fruit trees are in bloom and even the lilacs are out - it's almost summer. Hope to see many of you at the Robinson Residence in June. In the meantime, have a great summer and stock up on some of that sunshine for the next winter which will inevitably arrive!

And I'll raise a final wee dram in a toast to all of us!

Pat

STRATHCONA CREDIT UNION

A reminder to those of you who are members of the Credit Union: Due to cost considerations there are no more "newsletters". News is available on the website: **www.strathconacu.com**, it is suggested that you visit the website regularly as this is where you will find current information re services, notices of meetings etc. As an aside, members should be aware that there is discussion of closing the West Island Office.

Contact QPARSE

If you would like to submit an article, story, poem, anecdote etc.
Or make a correction to the newsletter.

Please contact:

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514-695-2164

Email: rjmeades@hotmail.com or dickmeades@gmail.ca

You are also invited to contact through our website at:

www.qparse-apperq.org

Legal Advice

Please be reminded that QPARSE retains the services of a notary who is willing to answer general questions dealing with real estate or Taxes. Should he act for you, there will be a charge.

Andrea F. Durso, Notary

Tel: 514 931 2531

4635 Sherbrooke St. West

Fax: 514 931 2534

Westmount, QC H3Z 1G2

In order to keep our membership files current, we need your help. If you have any information about the following - address changes, strays, deceased, birth dates of super seniors, e-mail addresses - please send it to Ellen Holzman, 6067 Macdonald avenue, Montreal, QC, H3X 2W9, (e-mail: mcellen@yahoo.com)

This Newsletter is published three times a year by QPARSE-
The Quebec Provincial Association of Retired School Educators.
The deadline for submission of items for the Fall Newsletter is October 1st.

RESTAURANT WOES

and

PROGRAM PROBLEMS

As reported in the AGM program report we had a very interesting and informative year. This was made more enjoyable when our meetings were held at Carmine's Tuscany Grill on Cote St Luc Road. We were very fortunate to have a room (all to ourselves) which allowed us the freedom to interact and enjoy the presentation without any interference. The meals provided were excellent at a good price and quality.

MEMBERS WE HAVE A SERIOUS PROBLEM

The program year 2009-2010 saw an average of **20 members** (and friends) participating in the 3 monthly meetings and 1 after meeting lunch held at the Restaurant. (The meetings and activities held at the EMSB were only slightly better attended.) As a result of the low attendance we have been informed by the management of the restaurant that there might have to be changes for the 2010-2011 Program. The changes would consist of the following; a flat rate of \$15.00 being charged, a limited choice from the menu, and the starting time for the meetings would have to be later as they cannot afford the cost of early staffing.

There is also a cost associated with the speakers and workshops for honoraria's or speakers fees. The speakers for the most part give of their time and expertise and it becomes difficult to explain why there are so few in attendance. The continuing lack of participation and support by QPARSE members will have a serious consequence on where we meet and the program. This could result in a revision of the 2010-2011 Program as printed in the Newsletter.

In addition, the cost of the chartering the bus to attend the garden party at the Robinson Residence in Cowansville increases yearly. It is important we support the residents that look forward to our visit each year. If the bus leaves near empty the cost has to be absorbed by the association.

QPASE has a membership of 1200 plus. **Members must make every effort to attend and participate whenever possible.** (We know there are many members that live considerable distance from the Montreal area and are in poor health that would like to participate but cannot.)

WHAT ARE THE REASONS YOU DO NOT ATTEND? PLEASE LET US KNOW!

Do you need a reminder about the day and time? Do you need transportation? Is the content of the program not to your liking? Is the restaurant convenient? Do you have difficulty climbing the stairs to the meeting room?

PLEASE LET US KNOW HOW WE CAN IMPROVE YOUR PARTICIPATION AND ATTENDANCE.

Please make your feelings known to a member of the Board of QPARSE listed in the front of the Newsletter or-

Ken Cooke Events coordinator
514-485-9118

Erene Anthony Program Chairperson
514-626-8002

QPARSE
Annual General Meeting 2010

Board of Directors Report
Submitted by Pat Steele

This has been a busy year for your Board of Directors, with several different issues requiring our attention. The year started with the resignation of Gretta Pipe, and her replacement by Alanna Dow, who stepped in at the last minute and has done a great job of keeping in touch with our members who have been retired for 25 years or more, and our members in retirement homes. We know that Gretta is enjoying her winters in Florida, where she bought a home, and wish her every happiness in her new life.

We have spent quite a while looking at our health insurance plans with Industrial-Alliance (former teachers), particularly the travel insurance provisions and specifically the question of pre-existing conditions. Paul Barnes of QPAT was helpful in providing information. He spoke to our Spring Workshop and was so popular that he has been invited back for a longer workshop next January. Articles in the Fall Newsletter clarified these issues and several other questions which had been raised and there will be further information in the Spring Newsletter. We have requested our policy holder, QPAT, to look into the possibility of trip cancellation/interruption insurance when the plans are renewed. We have also requested formal consultation with QPAT with regard to our plans.

Two issues which occupied our time were amendments to the By-Laws and the question of fees. The By-laws had not been looked at for ten years and an ad hoc committee of the Board studied them and made recommendations to bring them into line with current practice. The notice of motion for the meeting set out the proposed amendments and you will be asked to vote on them shortly. A two-thirds majority is required to pass amendments to the By-laws.

Last year the final report of our retiring Treasurer, Ian Trasler, set out pretty clearly our precarious financial situation. As your President, I looked at our fee structure and our various options and reported to the Board. After a good deal of discussion, it was agreed to recommend that we stay with our present life-time membership fee structure. If we are to survive, the lifetime fee has to increase more or less annually to ensure that we have the funds to continue. Again, the notice of meeting set out the Board of Directors' recommendations regarding fees and the notice of motions to be voted upon later in the meeting.

A minor issue which we worked on was the question of admission to Teachers' Convention for retired teachers without having to pay the entrance fee. While the President of QPAT was sympathetic to our concerns, it proved very complicated to try to work out a system to identify our members at the registration desks and the final agreement was that they would give us 15 complimentary admission tickets. We continue to have a table in the exhibition hall at Convention and enjoy talking to active teachers who are thinking of (or hoping to!) retire very soon.

Our biggest problem is our stagnant membership. In order to survive, we need to increase our members and attract them to our various activities. The Program and Events Committees have done a super job in arranging presentations and lunch meetings, but attendance is not robust. We really encourage you to attend and to bring friends! Encourage all the people you know who worked in the education system to join QPARSE. If you are reading this in the Newsletter, tell your friends to subscribe to get the news of what their former colleagues are up to.

This is my final report as President. I have very much enjoyed my tenure and have had a great time meeting all of you and joining in our activities. I thank all my colleagues on the Board of Directors for their enthusiasm and dedication and their support. As a volunteer organization, we rely on the commitment of our members to thrive and I think we have a terrific group in place. I look forward to relaxing and just being one of the crowd as Past President and I wish Sandra every success in her new role as President!

QPARSE FINANCIAL REPORT FOR 2009

The assets for the Association for December 31, 2009 were \$132,081.04, an increase of \$4,048.24 from December 31, 2008. Income remained about the same while expenses were reduced by about \$3,700.00.

Our capital improved last year as stock markets continued to rebound and we withdrew slightly less for operating expenses. The cost of the Newsletter continues to decline as we are printing and mailing less copies. Most of our other expenses are at the same level as last year.

In the Reviewers Report to the members, Phyllis McGlashan noted that she had examined the record of assets, receipts, and disbursements of the Association for the period ending December 31, 2009, and certified that the Treasurer's Report was correct.

Respectfully submitted,
Donald Berry

CANADIAN ASSOCIATION OF RETIRED TEACHERS (ACER - CART) 2010
Report to QPARSE Annual Meeting, May 11th, 2010

The 18th Annual General Meeting of the Canadian Association of Retired Teachers (ACER-CART), held at the office of the Canadian Teachers Association (CTF), took place in Ottawa June 5-6, 2009. The meeting was attended by twenty-six delegates, representing 13 of the 14 retired teacher organizations in Canada.

Member organizations presented issues and concerns of their respective associations. A representative from Johnson Inc. gave a **presentation on "Out Of Province/Canada Travel"**. She explained needed coverage, limitations to insurance and pitfalls to avoid. She reiterated the need to be aware of ever-changing insurance provisions and common client misunderstandings.

A new **reorganization of Bylaws**, approved by Industry Canada, was confirmed along with a section on Articles used for ACER-CART operational aspects. A **Reserved Fund investment** policy was approved and the 2009-10 Budget was finalized with some funds from the reserve to create a new category for improving liaison by the Executive within the ACER-CART regions.

Motions were passed at the 2009 AGM directing ACER- CART to:

- Apply to become an **Associate Member of the Canadian Teachers' Federation** which will allow us to access information produced by CTF researchers and allow member organizations to participate in other CTF activities such as Project Overseas.
- Work to improve its **communication in both official languages**, and to communicate with francophone members in French.
- Request a meeting with the federal Minister responsible for health, and with opposition critics, to provide them with a position of ACER-CART as outlined in our policy on **Health Care in Canada**, and to solicit similar support of MP's from our member associations.
- **Lobby the government of Canada and opposition parties to:**
 - a. establish a **national Securities Regulator** through legislation that enhances the rights of investors and to seek support of other national seniors' organizations. (Member organizations were to encourage their members to write to individual M.P's seeking their support for such legislation to crack down on white collar crime. QPARSE Board members sent letters to their respective M.P's.)
 - b. implement the **Canadian Health Coalition Report (2008)** recommendations for a universal pharmacare plan with a national formulary
 - c. phase in a **national prescription drug strategy** which would begin with coverage for key catastrophic drug costs
- Advocate for **adequate financial support for Radio Canada and the CBC** in all parts of Canada
- Explore and schedule, if feasible, a **presentation at the 2010 AGM on how to lobby government.**

The annual election of **executive officers** saw some new members. Vaughn Wadelius (RTAM) from Manitoba, President; Arnold Hull (RTO/ERO) from Ontario, Vice-President; Ed Zegray (QART/QPARSE) was elected Regional Representative-Quebec and Dean McMullen (ARTA) became Regional Representative -West. The Past President is Helen Biales from Windsor, ON. As our representative with the **Congress of National Seniors Organizations**, Helen Biales forwarded ACER-CART's federal budget recommendations to the Minister of Finance. The retirement of two veteran members, Pat Steele (QPARSE) and Pat Brady from BC was acknowledged and they were thanked for their fine contribution during their years of service.

Communications Committee - Vaughn Wadelius, Chair

The ACER-CART website www.acer-cart.org is a good source of information about the national organization and its update is done regularly. A special Directors' website access page for AGM documents was developed again in 2009. Two media releases (Executive Director Hired, Elder Abuse Awareness) was circulated and put on-line, as were briefs to government. One edition of the ACER-CART newsletter OPTIONS was produced in 2009-10.

Pension and Retirement Income Committee - Arnold Hull and Ed Zegray, Co-Chairs

The committee sought ways to support the Federation of Municipalities in obtaining sustainable funding for infrastructure projects and upgrades. Its report commented on the municipal concerns for public safety and emergencies preparedness, the need to address environmental issues, affordable housing, obesity and related health problems. It also noted rural and northern infrastructure essentials and strategies. An article presenting a summary of recent reports about retirement income facing Canadians in the years ahead was circulated to all member organizations.

Health Services and Insurance Committee - Thomas Gaskill, Chair

The committee had focused on the issues of the Canada Health Care Act, concerns about "for profit" medical care replacing our national health system, and adequate insurance coverage for seniors. It recommended that a coordinated approach by ACER-CART be taken and its members to articulate our policy position and support for the Canada Health Act principles

On your behalf, I express my thanks and appreciation to **Merle Lewis**, who continues to provide ACER-CART with invaluable information on Quebec seniors' health, tax and pension issues; to **Jean LeGuillou** for his services in the translation of reports and documents for ACER-CART and; to **Dick Meades and Tom Murray** for helping to publicize the affairs of ACER-CART to our membership in the Newsletter and on the QPARSE website, respectively.

Respectfully submitted,
Renate Sutherland, ACER-CART Director

WEB SITE REPORT FOR 2009

Our Web Site qparse-apperq.org provides our members with 24-7 access to our newsletters and the latest updates to our activities. It is a place we can all check when we want to verify a date or an event.

There were over 65K hits in 2009 up 30K from 2008, mostly from points in Canada this year. Looking at photos and newsletters were common things that visitors did.

The "contact" page has been useful for address changes, death notices and questions directed to members of the executive. Reunion planners like to have their event on our site, so see if your students are getting together, they may need help locating staff.

The mass emailing list now sends out the newsletters and event reminders to about 450 retirees. This is a growing list of web savvy members who save us postage costs.

There is need for "reporters" to contribute to our site by sending photos and descriptions of events.

Members with web experience are encouraged to get involved in building pages. I have been doing the web site for five years and am ready for someone to take over.

Thank you for the opportunity to serve.
Tom Murray

GOODWILL COMMITTEE ANNUAL REPORT

It was my pleasure to assume the chair of the Goodwill Committee in October 2009 when Gretta Pipe left us for Florida's sunny shores. I appreciate all of the time she spent with me to explain my new duties and wish her all the best in her new home.

Gretta, Sandra Aird and Pat Steele were immensely helpful in their suggestions for gifts to fill the Christmas stockings of the Robinson Residence ladies. We received notes of thanks from several of the recipients.

Unfortunately the high cost of postage made it impossible to continue the tradition of a small gift to 25 years-plus members.

However, the December and March booklets containing poetry, puzzles and jokes are still

produced and we receive numerous notes of appreciation for these publications.

My heartfelt thanks go out to the following members of the Goodwill Committee: Tasia Adamakis, Mair Richards, Shelagh Glover, and Kerry McKeowan - for their help with folding, stuffing, and stamping. And thanks to my cousin Geri Bisson who, during her Christmas visit, was pressed into service to get the December booklet out on time.

As usual, birthday cards were sent to Super Seniors. We just recently began asking for birthdates, so please inform us before you reach your 90th birthday so that we can add you to the list.

There are currently 218 members who have been retired for 25 years or more, and 37 Super Seniors (members over 90 years of age).

Last but certainly not least, my gratitude extends to former Membership chair, Robin Narsted, and the current person in charge, Ellen Holzman, for their invaluable help in acquainting me with the membership list system, and for providing me with mailing and return labels for the booklets.

Have a wonderful, sunny summer!

Respectfully submitted,
Alanna Dow

MEMBERSHIP REPORT TO QPARSE AGM

First of all, I would like to thank Robin for all her help in teaching me the ins and outs of the membership files and the position in general. It made taking on this job very easy. I had many questions which she thoroughly and quickly answered. And guess what, Robin, I will probably have many more - so thanking you in advance!

In the year since the last AGM meeting in May 2009, the following have been recorded.-
53 new members and 37 deaths.

We did locate some strays but others have cropped up. At the moment there are 23 strays from this year as well as some dating back longer. We will be keeping their names on our membership lists for 2 years only.

There are 1326 members, 12 associate members and 26 complimentary members (most of which are the executive of Acer-Cart associations).

Of our total membership, 770 people are still receiving mailing via snail mail. Because of rising costs of postage and other expenses, we would like to increase our e-mail mailings. Thus we would be grateful if you do give us your e-mail address if you have one. Several of our snail mail recipient members did voluntarily contribute towards the price of postage which was much appreciated.

I wish you all a great summer.

Ellen Holzman,
Membership Director

NEWSLETTER REPORT TO AGM

We continue to produce the Newsletter 3 times a year, Spring, Fall and Winter. We have reduced the number of pages from 32 to a maximum of 28, this ensures that we do not have to face extra postage costs. (A number of the 32 page editions were returned for insufficient postage).

I have tried to continue with the established traditions of the Newsletter that I have inherited from Don Berry and his predecessors. We have however, reached the end of an "era". Bill Hine who has so ably produced the delightful images that have graced our front and back covers for the last 8 years has decided that it is time to retire from this task. He writes:

"I have drawn all the covers for the Newsletter since Winter 2002. I believe that is 29 front and 29 back covers! They were simple line drawings, and many had some relation to our profession. It was a real pleasure to feel I was making a contribution.

I am now 85 and a full time caregiver for my wife. It is time to let someone else take over. Perhaps someone with computer skills can come up with a new approach. Here's your chance to experiment!

Bill Hine"

I would like to offer Bill my thanks and the thanks of the Association for his contribution over the years. The past issues of the Newsletter including Bill's covers are available for view on the website. I encourage you all to remind yourself of the fun that was generated through his images.

This leads me to ask for contributions from you so that we can continue to have attractive covers for our future editions. I would welcome drawings, photographs (reproducible in black and white), graphic designs etc. I am also happy to receive other contributions in the form of "memories", articles, poems etc. Ideas and suggestions are also most welcome.

The Spring issue is in the works as we meet with the welcome return of assistance from Rosemary Stewart.

Respectfully submitted
Dick Meades

PRTH&B Corporation Robinson Residence
Board of Directors' Report for 2009

Once again on behalf of the 'Robinson Board' I am most happy to report that overall we have had another very good year with regard to our clients and personnel—financially there is more to be desired.

Contrary to this positivity, it has been a difficult year for us at the residence! We have lost five clients to whom all of us had become most attached. We were very fortunate that their rooms were quickly filled—although their memories remain with us! Over the year we almost had a full house of fourteen. With all of the vacant rooms in facilities comparable to ours, we were blessed!

There has been little in the way of turnover in our staff. In the fall everyone received a substantial salary increase. This was certainly well deserved as our staff treat our clients with the utmost care and consideration and many go beyond what is expected of them.

Thankfully, the certification process is now behind us which took a substantial amount of time even if we were well prepared with our Code of Ethics and other procedures already in place.

The Board met collectively twice this year but many situations dealing with our clients, building and grounds were worked out via telephone and internet.

Social times played a big part in the life of our seniors. The daily 3 p.m. tea cannot be missed any more than the visits of various groups or the outings which manager Margaret arranges for them.

Once again, the Volunteer Tea, the Spring Garden Party and the Board Christmas Party and even the annual Garage Sale were looked forward to by our residents.

With our dedicated staff, homey facilities, spacious grounds and beautiful scenery we can only hope that 2010 will continue to bring people to our residence so that they can be pampered in the later years of their life in our countryside and they will be able to call the Robinson Residence their home.

Hopefully you will stop by for tea one day and spend some time with our residents. Your visit would be most welcome and you will understand why the Robinson Residence Board members enjoy their volunteer work!

Respectfully submitted,

Gary Crandall
Vice-President of the PRTH & B Corporation.

Robinson Residence Buildings and Grounds Committee
Annual Report for 2009

2009 was a year where regular maintenance and upkeep filled our time. The following items were included

1. A pull chain emergency call system was installed in each of our tenants' rooms.
2. A new gas stove top was installed to replace one that had burned out.
3. A temperamental outdoor spotlight was replaced by a more reliable one.

Note: the above items were mentioned in last year's report, but have been repeated as they occurred in the 2009 calendar year.

An attempt has been made to include only those things that happened in 2009 in this report.

4. To comply with the norms required by our liability insurance, a new , safer ladder was purchased as was a safety harness to be used when climbing and safety shoes.
5. A new sink was installed in the visitors'/staff washroom.

6. The foundation of the generator shed was rebuilt and a new porch and stairs to the rear door was built.
7. The entry porch to the rear door had a new floor built.
8. The stairs to the sunroom door were rebuilt.
9. Due to continued demand for rental storage space, equipment was rearranged to make room for one more car.

Respectfully submitted
Roy Seaman, Building and Grounds

Robinson Residence - Manager's Report

It is now time to reflect on our events of last year. My how time slips by so quickly.

We finished 2009 with eleven residents two of whom are educators. We are still able to accommodate guests for short term visits as well.

In May we finally received our Certification of Compliance plaque which signifies that we meet government specifications on 26 different criteria. The plaque now hangs in our front foyer. The manager and cook attended a compulsory health safety and food handling course in September.

During 2009 the following improvements were made: a new call system in each room and bathroom were installed, a new gas stove top, an exterior light, a new wash stand in the staff bathroom. The steps on the back porch were replaced as well as a new exterior floor at the back door entrance. Two ceiling lights and fans were installed in the upstairs hall to help air circulation. New safety gear was purchased for our maintenance person along with ladders meeting the proper safety codes.

We try to keep our residents as active and stimulated as possible. Bingo is played weekly from September to May. We have monthly worship services, hymn sings as well as pet therapy. There have been outings to a board member's flower garden, foliage drive, an outing to see Christmas lights, etc. During the Christmas season several groups came to entertain the residents namely, Heroes' School and the Gospel Choir, to name a few.

In the spring we were part of the "work study program" at Massey Vanier and had a young man assist our maintenance person for one day weekly for several weeks until school finished.

We celebrate each residents birthday with their own cake, a dinner guest, and cards. We have special meals at Brome Fair time, a sugar shack meal in the spring, etc. so that our residents are able to enjoy these types of meals in their own dining room.

Our annual garage sale was a success despite the inclement weather. We had a good turn out for the annual June Tea as well as the Christmas Party.

The Robinson Residence is very fortunate to have dedicated volunteers who bring much pleasure to our clients. They do a variety of tasks from calling Bingo, visiting, singing and playing the piano. We are grateful for our Board of Directors who oversee the operation of our Residence. Our volunteers were honoured at an afternoon tea in April during Volunteer Week.

We have a foot care nurse coming every six weeks for those of our residents who need her services, the hairdresser is here every two weeks and we have devoted CLSC nurses who come for other requirements as requested. Our residents all had their HINI and seasonal flu shots given by the CLSC

During the summer months, the back porch is a very popular spot for a residents to enjoy the beautiful surroundings and perhaps have their mid-morning snack or afternoon tea there as well. Our feline friend, Lovie makes herself at home in any room that welcomes her and she is special to us all.

Why not drop in at 3:00 p.m. some afternoon and have tea, homemade cookies and visit with our residents.

Respectfully submitted,
Margaret Beattie - Manager

Robinson Residence
Annual Report of the Assistant Treasurer/Trustees

In 2009 the Corporation received \$2745 from 38 donors, 3 of which were in memory of a deceased friend or relative. This compares with \$2380 from 28 donors in 2008. Letters of appreciation were sent to all donors with their receipts.

As of the end of March 2010, \$800 had been received for this current year.

We welcome your financial support. As a registered charity, all donations are tax deductible.

Our sincere thank you to all those who made donations last year. Many of our donors have given faithfully for several years.

We look forward to hearing from many more of you in the future.

Respectfully submitted,
Graeme Sutherland
Assistant Treasurer/Trustee

MEMBERS WITH SPECIAL EXPERTISE

We are continuing to include in the Newsletter a list of names & phone numbers of members who have skills and interests that they are prepared to share with others. Any fees to be charged for these services are to be set with the agreement of the parties involved.

If you are interested in adding your name to this list , please contact us by:

e-mail - info@qparse-apperq.org or by phone -

Pat Steele - President 514-369-3473, Richard Meades- Editor 514-695-2164

Name	Contact point	Service
Bill Bernhaut	450-246-3796 rbernhaut@bellnet.ca	Antique furniture refinishing
Sonia Browman	514-748-5788 (home) 514-747-0568 (machine)	Sign language, Speech therapy, lip reading
David Chandler	514-334-7418 ptolomee@autoroute.net	Digital photo help Skype assistance possible
David Hogg	www.cruiseshipcenters.ca/davidhogg davidhogg@cruiseshipscenters.com	Cruise consultant
Robin Narsted	mnarsted@yahoo.ca	Computer questions

Any activity pursued solely for pleasure presumably counts as a hobby and hobbies come in many forms. Some of the more common - golf, art collecting, and travel among them - quite often involve a considerable outlay of time and "treasure". Others - bridge and curling, walking and reading make fewer demands on time and the cheque book.

Regardless of how active you may be - physically or intellectually - there is likely to be a hobby that will fit your abilities, your tastes and your pocket book. One often overlooked but well worth considering, is that of research into the names of the streets in which we live. Do you know how and when and why your street got it's name? The answer may be as close as your local library or - if you have a computer - your favourite chair.

Comprising, as it does, the greatest concentration of population in the Province, the Montreal Urban Community is a cornucopia of street names, offering great scope to the keen hobbyist. Across the community there are over 5000 streets, crescents and squares; and since new streets are opened from time to time, and existing streets are sometimes re-named, (a few have survived four or five name changes) any list of street names is constantly changing.

Unfortunately, a number of streets in the community have no names, and are identified only by numbers. These "no-name" streets, which range numerically from 1st avenue in Ile-Bizard to 134th avenue in the borough of Bout-de-l'ile, along with another 30 identifying Provincial highways, will be of little interest to the hobbyist.

For those who like to begin at the beginning, it may be of interest to note that, a recently published list of street names gives pride of place alphabetically, to one-block-long Rue A.A.Desroches, just east of Rue Honore-Beauregard in the borough of Mercier. Last in the same listing is Rue Zotique-Racicot, a longer street one block west of the Bordeaux Prison and south of Rue de Salaberry in the borough of Cartierville.

Until well into the 20th Century, the naming of streets after saints was common practice, and several hundred of the Community's street names fall into that category. They enshrine the names of a variety of saints ranging from St. Agnes, (the name given to a tiny cul-de-sac just off Rue de las Ferme, north of Wellington street in the borough of Pointe-St. Charles) to Ste. Therese, assigned to an almost equally obscure street south of Notre Dame street and east of St. Gabriel street in Old Montreal. For whatever reasons, St. Louis, St. Charles and Ste. Marie appear to have been the most popular choices.

This seraphic vanguard aside, it is appropriate that our streets should also carry the names of lesser mortals. Many of those singled out for such recognition were ordinary folk, often unknown to those who now live in the streets that bear their names. Street names of this sort frequently honour the first settlers and farmers who once occupied the lands, as well as local

luminaries who subsequently made their mark in the community: merchants and small business men, doctors and other professionals, mayors and town councillors. Other choices perpetuate the names of people in the wider world. Kings, Queens and other "Royals" have lent their names to a number of streets, as have a wide variety of famous and near-famous artists and athletes, composers and captains of industry, engineers and entrepreneurs and entertainers, musicians and millionaires, philosophers and politicians, statesmen and soldiers, and so the list goes on.

Over the years, whether by choice or by chance, the cities and boroughs that makeup the Urban Community have tapped a remarkable spectrum of sources in choosing names for their streets. There are streets named after birds, after beverages, after trees and trades, after Indian tribes and hockey teams, after rivers, lakes and oceans, after town and cities across Canada and around the world.

Even the model citizen often knows little or nothing about the street in which he or she lives. Yet whatever the size of the community - be it a rural hamlet or a sprawling metropolis - there is almost certainly a bit of history behind the name of every street. Looking into those names - asking how? When? Where? And Why? - can be an entertaining and informative pastime.

NEWS FROM MEMBERS

We appreciate the numerous notes we receive from members thanking us for the Newsletter or for the poetry/puzzle booklets. We have heard from the following people Elizabeth Roy, Yvonne Wilson, Margaret Laird, Jean Laird, Betty Moore, Frank Owen, June Howie-Bullock, Evelyn Crozier, Geraldine Taylor.

Geraldine Taylor's husband, Ralph informs us that they celebrated their 67th wedding anniversary on January 20th, 2010. Congratulations and best wishes from us all!

A frequent writer of thank-you notes is N. Ellen Stevenson. She contributed the New Alphabet which appeared in the Winter 2010 Newsletter. We apologize that she was not credited as the source at that time.

NEW MEMBERS

The following members are welcomed to QPARSE. They have joined since the publication of the last Newsletter.

Family Name	First Name	Address
Venafro	Carol Ann	Montréal, QC
Grant-Barrett	Carol	Ste. Hubert, QC
Lauer	Jan	Roxboro, QC
Maravei	Arty	Outremont, QC
Beebe	Sandra	New Carlisle, QC
Radoux	Hubert	St.Nicolas, QC

In order to keep our membership files current, we need your help. If you have any information about the following - address changes, strays, deceased, birth dates of super seniors, e-mail addresses - please send it to Ellen Holzman, 6067 Macdonald avenue, Montreal, QC, H3X 2W9, (e-mail: mcellen@yahoo.com)

NEWSLETTER STRAYS

Burke	Edna	St.Anne de Bellevue, QC
McIntosh	Lily E. A.	Thuro, QC
Davis	Waltraut U.	Kanata, On.
Macleod	Elizabeth F.	Truro, NS
Kilpatrick	Heather	Lachine, QC
Mullin	Grace	Belleville, On.
Brock	AGNES Ellen	Vankleek Hill, On.
Smirle	Bernice	Scarborough, On.
Orwell	Edward	Green valley, On.
Mcconnachie	Bessie	South Surrey, BC.
Shea	Edna	Westmount, QC,
Roberts	Dorothy	Nepean, ON
Vallance	E. Bernice	Nanaimo, BC
Templeton	Joyce Rexford	Ormstown, QC

WE REMEMBER

We remember, the following members of QPARSE who, we have learned, have passed away since the last Newsletter. We join with the families and friends in remembrance.

Smith	Graeme I. H.	Prince William, NB	2009
Hooper	Lillian	Knowlton, QC	2009
Cook	MARGARET Hannah	Pointe Claire, QC	13-Oct-09

Wood	Glenn	Lakefield, ON	8-Jan-10
Nerina	Patrizio MILLO	Montréal, QC	01-Jul-05
Munroe	Sheila	Granby, QC	01-Dec-08
Ramsdale	Elsie	Burlington, ON	11-Feb-10
Horton	Marguerite F. L.	Pointe Claire, QC	21-Feb-10
Saly	Helene	Montreal, QC	18-Nov-08
Atwood	Walter	Peterborough, ON	01-Jun-08
Neil	Olive Claire	Ottawa, ON	13-Mar-10
Mccurdy	Lois	Fonthill, ON	2010
Bradshaw	Constance	Montréal QC,	17-Apr-10
Gilbert	Esther Elizabeth	Bury, QC	01-Jan-10

SUPER SENIORS - Spring 2010

The following is a list of our Super Seniors who will be celebrating a birthday in the following months. We wish them our best wishes and good health.

Esther Gilbert- 99 - June 13th
 June Howie-Bullock, - 91 - June 17th
 Ernestine Stone - 102 - June 24th
 Bernice Vallence - 100 - July 1st
 Gladys Gummer - 94 - July 13th
 Ellen Stevenson - 96 - July 29th
 Reta Staniforth - 101 - July 31st
 Thomas Wallace - 95 - August 17th
 Ruth Johnson - 102 - September 11th

Please let us know as you approach your 90th birthday so that we can send you greetings.

Happy belated birthday wishes to the following members who have informed us that they have joined the Super Senior ranks:

Frank Owen - 90 - January 4th
 Beulah Keeler - 93 - February 25th
 Harry Haydock - 93 - April 1st

SOME CHUCKLES

The following are taken from tests given in various schools in Britain! Do our "Multiple Choice" tests allow such creativity?:

Q: What was Sir Walter Raleigh famous for?

A: He is a noted figure in history because he invented cigarettes and started a craze for bicycles.

Q: What did Mahatma Gandhi and Genghis Khan have in common?

A: Unusual names

Q: What is a Nitrate?

A: A much cheaper than a day rate.

Q: Name one measure which can be put into place to avoid river flooding in times of extensive rainfall (eg, in Mississippi)?

A: Flooding in areas such as the Mississippi may be avoided by placing a number of big dames into the river.

Q: Name the wife of Orpheus, whom he attempted to save from the underworld?

A: Mrs Orpheus.

Q: Where was the American Declaration of Independence signed?

A: At the bottom

Q: Name six animals which live specifically in the Arctic?

A: Two polar bears, four seals.

Q: State three drawbacks of hedgerow removal?

A: 1: All the cows will escape, 2: The cars will drive into the fields, 3: there is nowhere to hide.

Q: Give a reason why people would want to live near power lines?

A: You get your electricity faster.

Q: What is a vibration?

A: There are good vibrations and bad vibrations. The Good Vibrations were discovered in the 60's.

Q: Where was Hadrian's Wall built?

A: Around Hadrian's garden.

Q: The race of people known as Malays come from which country?

A: Malaria.

La manifestation estivale
Procure une brise médicinale
Qui est géniale
Pour remonter le moral

La majesté des pétales
Parfumées
Emballent les abeilles

Peu importe le lieu
Le soleil tout lumineux
Parait radieux
Aux jeunes
Tout comme aux vieux

Il rend même les yeux
Du grincheux heureux

Le soleil séduit
Et gratifie
Pendent qu'il munit
Les légumes et les fruits

Le Soleil :
Excellent source
De la vitamine D
Solidifie les os
Dans un beau corps
Pour le rendre
Plus fort.

La vénusté florale
Dont s'engoue le cardinale
Durant l'intervalle
Estivale le ravie
Lui et le colibri
Pour entamer leurs mélodies
Musicales en choral

Puis ceci
Est suivi
Du diminuendo du cricri
Que perdure
De nuit en nuit.

NEWS FROM ROBINSON RESIDENCE

Volunteer Appreciation

Evelyn Baban Lewis

There was a slight shower as the volunteers arrived at noon on April 22nd, but it couldn't dampen the enthusiasm for the dinner given as a token of appreciation for all they do at the home. As usual, Vice-President Gary Crandall and his wife Bev welcomed all on behalf of the Board.

Gary offered his thanks to the volunteers for all their offerings: pet therapy, music, bingo etc to name just a few. He wondered out loud, for a moment about the nature of some of the many card games played so intently by the residents! If its poker that they are playing Perhaps this explains why so many ministers come to do religious services at the Residence!

Ministers offering services include: Judy Ball, Allan Gault, Sinpoh Han, Brent Robiard and David Warner. (This must ensure that any sins at the "gaming table" are quickly forgiven and forgotten).

While Robinson is a small home by modern standards it is served by 28 volunteers, 21 of whom were able to attend the dinner. Manager, Margaret Beattie and her staff treated everyone royally as all enjoyed a delicious dinner of cold cuts, salads, pickles with homemade rolls followed by chocolate cake or carrot cake with ice cream.

The food, fellowship and good spirits all made for another fine afternoon at the Residence.

New Members Application Form

QPARSE FEES:

Life Membership \$85.00

Please complete the form below and return it, with your cheque for \$85.00 made payable to QPARSE, to:

Ellen Holzman
6067 Macdonald Avenue
Montreal,
QC, H3X 2W9
e-mail: mcellen@yahoo.com



Date of Application _____ (dd/mm/yy)

(Please Print)

Name: _____

Address: _____

Apt/Hse #/Street

City Province Postal Code

Tel. No: _____ Date of Birth _____ (dd/mm/yy)

(Area code plus number)

e-mail address: _____

Is there anyone residing at the same address who is already a QPARSE member? If so, please specify first and last names.

First Name _____ Last Name _____

The Robinson Residence



Private Rooms with Bath
Home Cooked Meals
Caring Personnel on Duty 24 hours a day
Elevator
Emergency Generator System
Cable
Near essential services: Churches, Banks, Hospital, CSLC
Delightful Environment
Gracious Living for Retired People

The Robinson Residence
738 Principale, Cowansville,
Quebec J2K 1K1
450-263-4404
For more information

P.R.T.H. & B. CORPORATION

Many of our members contribute to the upkeep of the Robinson Residence. Should you wish to donate, please use this form. Receipts for donations of \$15.00 or more will be issued for income tax purposes.

Please make your cheques payable to the P.R.T.H. & B. Corporation.

Amount enclosed \$ _____
Name _____
Address _____
Postal Code _____
e-mail address _____
Telephone _____

Forward to: Graeme Sutherland
Asst. Treasurer/Trustee
28 Lansdowne Gardens, Pointe Claire, QC
H9S 5B9

Please enclose a stamped self-addressed envelope for the return of your receipt

QPARSE Presents
HIGH TEA at the ROBINSON RESIDENCE
and
A DAY IN THE EASTERN TOWNSHIPS

WEDNESDAY, JUNE 16th 2010

BUS from EMSB 9:30a.m.

Transportation cost \$25.00 per person - Guests welcome

High Tea at the Robinson Residence (cost \$10.00 to be collected on the bus)

- 9:30a.m. Depart for a day in the Eastern townships
- 10:30a.m. Bromont: outlet stores
- 11:30a.m. Brome Lake: Visit the Brome Lake Duck Farm (\$5.00)
- 12:15p.m. Knowlton: Visit the quaint village of Knowlton
(War museum, Antique stores,
Jones of New York, Christmas Shop,
Fudge shop, and Art Galleries.)
Have a Snack (optional)
- 1:45p.m. Depart for the Robinson Residence in Cowansville
(a beautiful home on the lake)
- 2:00p.m. High Tea with the residents
- 4:00p.m. Depart for Montreal (EMSB) (approximate arrival time 5:45p.m.)

A little about what there is to see and do during this outing.

Bromont, Knowlton & Cowansville are beautiful areas of the Eastern Townships. In addition to the Duck Farm, many stores and museum, you can take a walk along the hiking trail or stroll through the villages and enjoy the magnificent scenery. If you are tired just sit and look! Please join us that day for what will be most rewarding outing. Maps will be provided to you so that you can design your own 2 hr tour.

REGISTRATION FORM

Reply NO later than Friday, JUNE 4th 2010 - LIMITED SEATING

NAME (S): _____

PHONE NUMBER: _____

E-MAIL ADDRESS: _____

PLEASE ENCLOSE REGISTRATION FEE OF \$25.00 (payable to QPARSE)

Return to: QPARSE, c/o 4290 Powell Ave., Montreal H4P 1E4

For more info. Sandra Aird-514-738-6169/airsan@videotron.ca

PROPOSED QPARSE PROGRAM CALENDAR 2010 - 2011

DATE	TIME	PLACE
OCTOBER 21st	1:30p.m.(Thurs.)	EMSB / Patterson Room Fall luncheon for Retirees (“free will” donation)
NOVEMBER 16th	11:00a.m.(Tues.)	Carmine's Tuscany Grill Restaurant Erika Katsof - Gemologist Diamonds, precious stones, do you know what you are buying when travelling? (cruising) Gold Party (sell your unwanted gold)) Lunch (optional)
DECEMBER 9th	10:30a.m. (Thurs.)	EMSB / Patterson Room Mtl. West Operatic Society's, Holiday Concert Dix Mille Village Table (arts& crafts, jewellery & gift items) Food Bank Donation Lunch/TBA
JANUARY 20th	11:00a.m.(Thurs.)	Carmine's Tuscany Grill Restaurant Paul Barnes / QPAT Insurance workshop/who owns your policy? Travel insurance- How are Premiums Determined? Lunch(optional)
FEBRUARY 15th	11:00a.m. (Tues.)	Carmine's Tuscany Grill Restaurant Food critic TBA Lunch (optional)
MARCH 25th	10:00a.m.(Friday)	EMSB / Patterson Room / WORKSHOP Wellness workshop / Harmony Health Center Ruhkshana Surty & Ian Ramsay presenters Cost \$15.00 Lunch (restaurantTBA)
APRIL 21st	11:00am (Thurs.)	Carmine's Tuscany Grill Restaurant Sue Montgomery Gazette reporter Haiti / The crisis and what is being done. Lunch(optional)
MAY 10th	9:30am.(Tues.)	EMSB/PattersonRoom AGM Lunch: Carmine's Tuscany Grill

Carmine's Tuscany Grill Restaurant is at 5525 Cote St. Luc Rd., H3X2C6. (514-484-7525)

Guests welcome Please inform Events coordinator Ken Cooke (514-485-9118) if you are attending a luncheon.

Program information contact Erene Anthony 514-626-8002

www.qparse-apperq.org

2010-2011 Officers and Directors of QPARSE-APPERQ

Officers (1-year term)

President	Sandra Aird	514-738-6169
Immediate Past President	Pat Steele	514-369-3473
Vice-President (Program)	Ken Cooke	514-485-9118
Treasurer	Don Berry	514-487-3140
Membership Secretary	Ellen Holzman	514-696-3215
Recording Secretary	Dana Star	514-481-3708
Correspondence/Goodwill	Alanna Dow	514-844-8715

Directors (3-year term)

Director (Newsletter)	Richard Meades	514-695-2164
Director (Website)	Tom Murray	514-631-8369
Director (ACER-CART)	Renate Sutherland	514-695-1970
Director (Program)	Erene Anthony	514-626-8002
Director	Joseph Hackett	514-637-4997
Director	Hyacinth Layne	514-425-5309
Director	Kathleen Malcius	514-683-4429
Director	Robin Narsted	514-696-3215

The Website

Updates and the latest news may be found on the website.

There is a page called **Calendar** with the latest details for our events.

There is a page called **Contact Us** where you can send a message to our executive.

The web site has copies of past newsletters, our constitution and links that may be useful.

www.qparse-apperq.org